

CONSTRUCTION SAFETY TRAINING SYSTEM (CSTS-09)

Construction Safety Training System (CSTS-09)

To reduce the number of accidents and injuries in BC's construction industry, employers must ensure that all workers are trained in basic workplace safety. The Construction Safety Training System assists employers by offering flexible training options. CSTS equips workers with practical skills and proven prevention strategies to stay safe on the job. That's what makes it one of the leading programs offered by BCCSA.

Description

The Construction Safety Training System (CSTS-09) was developed by the Alberta Construction Safety Association (ACSA) and is being delivered here in British Columbia by the BCCSA. It is a web-based program consisting of 15 training modules:

Module 1: Your Worksite and the Law	Module 9: Emergency Response
Module 2: Personal Physical Care and Conduct	Module 10: Ladders and Scaffolding
Module 3: Personal Protective Equipment	Module 11: Mobile Equipment
Module 4: Workplace Hazards	Module 12: Machinery, Tools and Equipment
Module 5: Field Level Hazard Assessment	Module 13: Excavating and Trenching
Module 6: WHMIS	Module 14: Defensive Driving
Module 7: Worksite Conditions	Module 15: Fall Protection
Module 8: Environmental Factors	

The program is designed to provide individual workers with a solid base of knowledge about workplace safety. The emphasis is on workplace hazards and how to avoid them. Participants watch narrated video clips of construction sites and common hazards, and are guided through the correct response in each situation. Web-based training allows participants to learn at their own pace and to test their knowledge through interactive questions and scenarios.

Benefits

After completing the CSTS program, participants will be able to:

- ✓ Understand the importance of safe work practices
- ✓ Recognize potential construction workplace hazards
- ✓ Identify and apply preventative actions to control or eliminate hazards
- ✓ Develop safe work procedures, and explain how to work safely in areas exposed to hazards
- ✓ Understand basic hazard awareness and protection as it relates to BC safety regulations and standards

Who Should Attend

The program is intended for individual construction industry workers, especially young workers, but may also be of interest to new supervisors, joint health and safety committee members, worker health and safety representatives, and business owners or operators who wish to improve the health and safety knowledge in their workplace.

